



NURSING FOOT CARE CLINIC FOR SENIORS \$15

Feb 26 & 27
9:00 am – 4:30 pm
Seniors Activity Centre
1353 Richter St
By appointment only

Contact Carolyne to reserve your spot:
P: 250-861-6180 ext. 4
E: connector@seniorsoutreach.ca



Presented By:



BC CENTRE FOR NURSING FOOT CARE EDUCATION + CLINICAL

Your 90 minutes will include:

- Nail trimming
- Help with thick or hard-to-manage nails
- Callus and corn reduction
- Skin care & moisturizing
- Neuropathy & circulation assessments
- Footwear, education and referrals as needed

We want to keep you comfortable, confident, and walking!